



APNS
AUCKLAND PARK
NURSERY SCHOOL

WEEKLY BREAKFAST & LUNCH MENU

Daily 10am snack - Fruit in season

monday

BREAKFAST: MAIZE MEAL

LUNCH: BEEF / SOYA SPAGHETTI BOLOGNAISE

BUNNY CLASS: MASHED BUTTERNUT & POTATO MASH

tuesday

BREAKFAST: OATS

LUNCH: MAIZE RICE WITH VEGE OR SOYA STEW

BUNNY CLASS: GEM SQUASH & MASHED SWEET POTATO

wednesday

BREAKFAST: MAIZE MEAL

LUNCH: BEEF MINCE / VEGE CURRY WITH RICE

BUNNY CLASS: MASHED CARROTS & POTATO MASH

thursday

BREAKFAST : OATS

LUNCH: MACARONI & CHEESE WITH BAKED BEANS

BUNNY CLASS: MASHED BUTTERNUT AND POTATO MASH

friday

BREAKFAST: MAIZE MEAL

LUNCH: CHICKEN PIECES IN A MARINARA SAUCE WITH RICE
CUSTARD & JELLY

BUNNY CLASS: SWEET POTATO MASH WITH MASHED CARROTS

meal plan changes seasonally
all ingredients strictly halaal